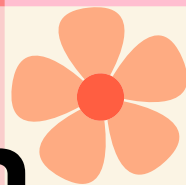
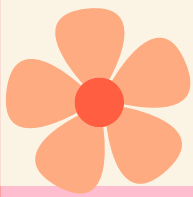


MAY/JUNE 2024

LUNCH AT NOON

# lunch and fun

at the Hilton Senior Center



**TUES 5/7**

Vegetable Lasagna  
Broccoli  
Tossed Salad w/  
Italian Dressing  
Crusty Roll  
Pears  
Grape Juice

**TUES 5/14**

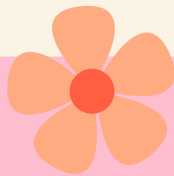
Ground Beef Tacos  
w/Shredded Cheese,  
Lettuce, Tomato &  
Sour Cream  
Chuckwagon Corn  
Fruit Cocktail  
Cookie

**TUES 5/21**

Chicken Salad on 12-  
Grain Bread  
Lettuce & Tomato Slice  
Mixed Vegetables  
Mandarin Oranges

**TUES 5/28**

Chicken Parmesan  
Pasta w/Sauce  
Italian Blend Veg  
Wheat Dinner Roll  
Apple Juice



**TUES 6/4**

Chicken Breast on Bun  
w/ Lettuce, Tomato &  
Mayo  
Broccoli Pasta Salad  
Yellow Squash  
Fresh Apple

**TUES 6/11**

Pork Sausage  
w/ Peppers on a Roll  
Potato Salad  
Corn Cobette  
Watermelon

**TUES 6/18**

Beef Taco Rice Bowl  
w/ Cheese, Lettuce,  
Tomato & Sour Cream  
Black Bean & Corn Salsa  
Tortilla Chips  
Peaches

**TUES 6/25**

Stuffed Shells w/  
Sauce  
Zucchini  
Carrots  
Wheat Dinner Roll  
Cake  
Apple Juice

# Hello

# May &

# June



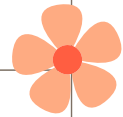
calendar on reverse side



Some items may be subject to change based upon availability  
call 585-392-9030 to reserve a spot - 10 days notice needed  
\$3.50 suggested contribution - Certified by Jackie Williams, RD
















# MONTHLY CALENDAR ~MAY/JUNE 2024



M  
A  
Y

J  
U  
N  
E

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Pinochle 830a Mahjong 10a-4p Bridge 1p 	7 Chair Yoga 930a Caseworker Stacie-10a Lunch (Vegetable Lasagna) 12p Bingo 1p	8 Senior Express - 930a Walmart Film - Book Club 2p 	9 Computer Class 9a (Digital Music Mania) Better Balance 930a Euchre 1p 	10 Get your jigsaw puzzle today! 
13 Pinochle 830a Mahjong 10a-4p Dish w/ a Deputy 1030a Bridge 1p	14 Chair Yoga 930a Lunch (Beef Tacos) 12p Bingo 1p	15 Senior Express - 930a - Aldi/Dollar Tree 	16 Better Balance 930a Alzheimer's Class 10a Euchre 1p 	17 Get your jigsaw puzzle today 
20 Pinochle 830a Mahjong 10a-4p Pres w/Pizza - Seneca Park Zoo 1030a Bridge 1p	21 Chair Yoga 930a Lunch (Chicken Salad on 12 grain) 12p Bingo 1p	22 Senior Express - 930a -Walmart 40th Anniversary Dinner 4p at Whitehall Mansion (Marianna Gonzalez)	23 Better Balance 930a Nutrition Class 11a Euchre 1p 	24 Have you seen our jigsaw puzzle inventory? 
27 Pinochle 830a Mahjong 10a-4p Bridge 1p 	28 Chair Yoga 930a Lunch (Chicken Parmesan) 12p Bingo 1p	29 Senior Express - 930a - Wegman's Plaza 	30 Better Balance 930a Red Wings Game 10a Euchre 1p 	31 Get your jigsaw puzzle today! 
3 Pinochle 830a Mahjong 10a-4p Dish w/a Deputy 1030a Bridge 1p	4 Chair Yoga 930a Caseworker (Stacie) 10a-1p Lunch (Chicken Breast on bun) 12p Bingo 1p	5 Senior Express - 930a - Walmart 	6 Euchre 1p 	7 Have a Joyful June - borrow a Jigsaw Puzzle soon! 
10 Pinochle 830a Mahjong 10a-4p 1030a Bridge 1p	11 Chair Yoga 930a Lunch(Pork Sausage)12p Bingo 1p	12 Senior Express - 930a - Marshall's/Mall Film - Top Gun Maverick 2p 	13 Computer Class 9a (You & Youtube TV) Euchre 1p 	14 Have a Joyful June - borrow a Jigsaw Puzzle soon! 
17 Pinochle 830a Mahjong 10a-4p Presenting w/Pizza - Angel's Truck 1030a Bridge 1p	18 Chair Yoga 930a Lunch(Beef Taco Rice Bowl)12p Bingo 1p	19 JUNETEENTH Trip to Blazing Saddles 730a	20 Euchre 1p 	21 Have a Joyful June - borrow a Jigsaw Puzzle soon! 
24 Pinochle 830a Mahjong 10a-4p Nutrition Class 11a Bridge 1p	25 Chair Yoga 930a Lunch(Stuffed Shells)12p Bingo 1p 	26 Senior Express - 930a - Walmart Evening Meal - 4p(Country night w/Jack Anten) 	27 Euchre 1p 	28 Have a Joyful June - borrow a Jigsaw Puzzle soon! 
			<b>menu on reverse side</b>	